

## PREVALENCE OF MALOCCLUSIONS IN A SAMPLE OF 4-5-YEAR-OLD BULGARIAN CHILDREN

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### ABSTRACT

**The aim** of this study is to estimate the prevalence of malocclusions in a sample of 4-5-year-old children.

**Methodology:** 471 boys and girls participated in this observational cross-sectional epidemiological study. The presence of spacing, no spacing and crowding, anteroposterior, transverse and vertical occlusion relationships was assessed and analyzed.

**Results:** Normal occlusal relationships were found in 35.6% of all children. Generalized spacing was found in 78.2% of the subjects, followed by no spacing in 16.1% and crowding in 5.7%, respectively. Class I canine relationship was found in 64.1% of the children, followed by Class II in 29.1% and Class III in 9.6%. A flush terminal molar relationship was found in approximately 70% of the children, followed by mesial and distal molar relationships equally distributed. An increased and decreased overjet was observed in 9.5% and in 4.9% of the children. An anterior cross-bite was documented in 6.4% of all the examined children. An unilateral posterior cross-bite and a bilateral posterior cross-bite were observed in 3.2% and in 1.5% of the sample. A posterior edge-to-edge bite was found in 1.9%. A normal overbite was found in 30.1% of all children; a deep bite with and without gingival contact was registered in 27% and in 8.5% respectively; an anterior open bite was seen in 7.2% of the children and a posterior open bite in 1.3%. The percentage of mandible lateral deviation cases is 2.5%.

**Conclusion:** Due to the high prevalence of malocclusions with 64.4%, early attention may be given to orthodontic prevention measures.

**Keywords:** cross-sectional study, occlusal relationship, prevalence, prevention, malocclusions.

### 1. Introduction

The last study conducted on the prevalence of malocclusions in primary dentition in Bulgaria was in the middle of the 80's, where almost all of the children were included in organized contingents and strictly examined by a dentist or an orthodontist every year. At that time an oral health prevention program was developed, which included orthodontic services for the masses.<sup>1,2</sup> After the change in health politics, this program is no longer active and occlusal characteristics, prevalence and the types of malocclusions in the primary dentition

are not regularly registered and analyzed. An optimal occlusion in primary dentition is essential for the further development of the occlusion in the permanent dentition.<sup>3,4,5,6</sup> The current preventive program for the Bulgarian children is mostly orientated to caries prevention and according to literature, caries-reducing measures are not likely to have a significant influence on the formation of malocclusions in primary dentition.<sup>7</sup>

We need some present-day data about the prevalence of malocclusions in primary dentition and the aim of this study is to estimate dental

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health, prevalence of malocclusions and orofacial dysfunctions in a sample of 4-5-year-old Bulgarian kindergarden children.

## 2. Methodology

The subjects were randomly selected from different kindergardens in the city of Plovdiv. Inclusion criteria were the existence of fully developed primary dentition, no orthodontic treatment, Caucasian origin and a parental consent for participation in the study. A total of 471 boys and girls participated in this cross-sectional epidemiological study. The study was approved by the Ethics Committee of the Medical University - Plovdiv (P-7781).

A postgraduate student in Orthodontics carried out the entire diagnostic assessment of all the children. A specific form was designed for the purpose of this study which contains information about dental health, individual occlusion findings and functional status. All the findings were made under good lighting conditions. The metric parameters were recorded by using a metal ruler marked in 0.5 mm. In this paper, all the orthodontic findings will be described and the following parameters have been selected and analyzed:

The type of primary dentition was assessed as follows: with generalized spaces between the teeth and localized spaces (Type 1), no spaces (Type 2) or a crowded dentition (Type 3).

The overjet was measured in mm as a distance between the labial surface of the lower and upper incisors. A distance of (0-3 mm) was defined as a normal distance. An increased overjet was divided into two groups (3-6mm) and (>6mm), and a negative overjet (<0mm), all measured in mm. An anterior cross-bite was registered when one or more maxillary incisors or canines occluded lingually to the mandibular incisors or canines.

The criteria described by Foster & Hamilton<sup>8</sup> were used for the primary canine and molar relationship assessment.

- Class I - the tip of the maxillary primary canine tooth is in the same vertical plane as the distal of the mandibular primary canine
- Class II - the tip of the maxillary primary canine tooth is anterior to the distal surface of the mandibular primary canine.
- Class III - the tip of the maxillary canine is posterior to the distal surface of the mandibular primary canine.

Terminal plane relationships of the second primary molar:

- Flush terminal - The distal surfaces of the upper and lower second primary molars are in the same anteroposterior level.
- Mesial step - the maxillary terminal plane is posterior to the mandibular terminal plane
- Distal step - the maxillary terminal plane is anterior to the mandibular terminal plane.

Molar and canine occlusions for each child were recorded separately for the left and the right sides of the dentition.

We have distinguished correct lateral occlusal relationships, a unilateral and a bilateral cross bite, a posterior edge-to-edge bite and a scissor bite.

An occlusion of the incisal edges was assessed as an anterior edge-to-edge bite. An overbite was graded according to the coverage of the mandibular incisor by the most protruded maxillary incisor. A normal one, when up to half of the mandibular incisor is covered by the maxillary incisor. An increased overbite, when more than half of the mandibular incisor is covered by the maxillary incisor. An overbite with gingival contact was recorded when the mandibular incisor was fully covered by the maxillary incisor and there was a contact of the incisal edge with the gingiva. An absence of a vertical overlap of the lower incisors was described as an anterior open bite and divided into two groups: moderate (<3mm) and severe (>3mm).

Collection, evaluation and a statistical analysis of the data were conducted using Microsoft® Excel and SPSS Version 17.0 for Windows® (SPSS Inc., Chicago, IL., USA). Means and standard deviations were determined as descriptive statistical values in order to characterize univariate frequency distributions of various variables. A comparison of absolute frequencies of specific characteristics was tested with Pearson's chi-square test. The statistical significance was assessed at the 5% level.

## 3. Results

A total of 241 males and 230 females were examined. Normal occlusion relationships were found in 35.6% of the sample. 126 or 26.8% of the children have one malocclusion, followed by 129 children or 27.4% with two malocclusions, 27 or 5.7% with three malocclusions and then 21 or 4.5% with four malocclusions. The total distribution of malocclusions is 64.4%.

The most prevalent type of primary dentition is Type 1 with 78.2 % (with spacing), followed by 16.1% Type 2 (no spacing) and 5.7% Type 3 (crowding). The gender comparison is shown in Table 1. There is a statistically significant difference between girls and boys in the distribution of spacing, no spacing and crowding which is more prevalent in girls (with spacing  $\chi^2=13,308$ , no spacing  $\chi^2= 10,429$ , crowding  $\chi^2= 5,318$ ).

The prevalence of overjet is shown in Table 2. A total of 85.6% of all the children have a normal overjet, 8.7% an increased overjet, 0.8% an excessive overjet and 4.9% a decreased overjet. Gender and age comparison of the normal, increased and decreased overjet among 4 and 5-year-old boys and girls revealed no statistically significant differences. An anterior cross-bite was registered in 6.4% of all the children without significant differences in age and sex.

The distribution of different sagittal relationships of primary canine and second primary molars is shown in Table 3 and respectively in Table 4. A neutral occlusion of the primary canines was found in 60 % of all children, a distal occlusion in 30%

**Table 1.** Prevalence of spacing, no spacing and crowding in primary dentition.

Gender	Type 1	Type 2	Type 3	Total
Girls	172 (74.8%)	50 (21.7%)	8 (3.5%)	230 (100%)
Boys	196 (81.3%)	26 (10.8%)	19 (7.9%)	241 (100%)
Total	368 (78.2%)	76 (16.1%)	27 (5.7%)	471 (100%)

**Table 2.** Prevalence of normal, increased and decreased overjet in 4- and 5-year old children.

Age	Overjet 0-3mm	Overjet 3-6 mm	Overjet >6 mm	Overjet < 0 mm	Total
4 years	138 (87.9%)	10 (6.4%)	2 (1.3%)	7 (4.5%)	157 (100%)
5 years	265 (84.4%)	31 (9.9%)	2 (0.6%)	16 (5.1%)	314 (100%)
Total	403 (85.6%)	41 (8.7%)	4 (0.8%)	23(4.9%)	471 (100%)

**Table 3.** Primary canine sagittal relationships.

Age	Class I		Class II		Class III		Total
	Right	Left	Right	Left	Right	Left	
4 years	92 (58.6%)	102 (65.0%)	45 (28.7%)	37 (23.6%)	20 (12.7%)	18 (11.5%)	157 (100%)
5 years	181 (57.6%)	187 (59.6%)	103 (32.8%)	100 (31.8%)	30 (9.6%)	27 (8.6%)	314 (100%)
Total	273 (58.0%)	289 (61.4%)	148 (31.4%)	137 (29.1%)	50 (10.6%)	45 (9.6%)	471 (100%)

**Table 4.** Second molar sagittal relationships.

Age	Flush terminal		Mesial step		Distal step		Total
	Right	Left	Right	Left	Right	Left	
4 years	117 (74.5%)	119 (75.8%)	21 (13.4%)	19 (12.1%)	19 (12.1%)	19 (12.1%)	157 (100%)
5 years	213 (67.8%)	222 (70.7%)	52 (16.6%)	43 (13.7%)	51 (16.2%)	47 (15.0%)	314 (100%)
Total	330 (70.1%)	341 (72.4%)	73 (15.5%)	62 (13.2%)	70 (14.9%)	66 (14.0%)	471 (100%)

and a mesiocclusion in 10 %. A distribution of a flush terminal molar relationship in percentages is 70.1% on the right side and 72.4% on the left side of the examined subjects. The mesial step was assessed as 15.5% on the right side and 13.2% on the left side. And the distal step was assessed as 14.9% on the right side and respectively 14% on the left side. There are no statistically significant differences between gender in the primary canine relationships and the second primary molar relationships. But we found a statistically significant increase in Class II canine relationships between the age groups ( $X^2 = 3.479, p = 0.062$ ).

A normal overbite was found in 30.1% of the sample and an anterior edge-to-edge bite existed in 27.2% of all the children, with no significant differences between gender and age in the subgroups. A moderate anterior open bite (<3mm) and a severe anterior open bite (>3mm) were registered respectively in 6.8% and 0.4%. A posterior open bite was documented in 1.3% of all children. A deep overbite was found in 127

children (27.0%) and a deep overbite with gingival contact in 40 children (8.5%). Statistically significant was the fact that boys showed more deep bites with gingival contact ( $X^2 = 3.347, p = 0.067$ ) and also the difference between the age groups was statistically significant ( $X^2 = 3.497, p = 0.061$ ) - an increase of the frequency was observed with the increasing of the age.

A unilateral posterior cross-bite was observed in 3.2% of the sample and a bilateral posterior cross-bite in 1.5%. An edge-to-edge bite in the posterior region was found in 9 cases with a statistically significant difference in age comparison ( $X^2 = 8.156, p = 0.004$ ), the 4-year-olds showed more edge-to-edge bites than the 5-year-olds. In this sample, a scissor bite was not registered. The total percentage of mandible lateral deviation was 2.5%. A mandible deviation to the right side was found in two cases and 10 cases to the left side. The percentage prevalence of malocclusions in primary dentition is shown in Table 5.

**Table 5.** Percentage prevalence of malocclusions in primary dentition.

Type of malocclusion	Children with malocclusion	Percentage (%)
Class II canine occlusion	142	30.1%
Class III canine occlusion	45	9.6%
Anterior open bite	34	7.2%
Posterior open bite	6	1.3%
Deep overbite	127	27%
Deep overbite with gingival contact	40	8.5%
Anterior cross bite	30	6.4%
Posterior cross bite	Unilateral - 15	3.2%
	Bilateral - 7	1.5%
Posterior edge-to-edge bite	9	1.9%
Mandible lateral deviation	12	2.5%

#### 4. Discussion

The overall prevalence of malocclusions is high - 64.4%. According to the scientific literature, the prevalence of malocclusions in primary dentition varies from 22% to 93%<sup>9,10</sup> due to racial characteristics and different occlusion recording methods. We found a higher prevalence of malocclusions as compared to some previous studies conducted on the Bulgarian population by Nikolov & Atanasov,<sup>11</sup> who found 44.5% prevalence. The difference in prevalence is probably due to the fact that at that time a mass orthodontic prevention program was held. The generalized spacing in this sample is 78.2% and it is corresponding to the findings of Foster&Hamilton<sup>8</sup> with 70%. The prevalence of no spacing and crowding concurs with other studies,<sup>4,12,13</sup> but it is much lower than the results for the British children.<sup>8</sup> Our results for the prevalence of several concurrent malocclusions in primary dentition are in agreement with other studies.<sup>14</sup> The canine sagittal relationships showed that 60% of the children have Class I, 30% have Class II and 10% have Class III and the results are corresponding to the findings for the European population.<sup>4,10,15</sup>

Our study conducted on the Bulgarian population showed a percentage distribution of a flush terminal molar relation in 70.1% of the subjects on the right side and 72.4% on the left, which is similar to studies done by Nanda et al.<sup>16</sup> A mesial step and a distal step in this sample are equally distributed in 14.4% and 14.5%, respectively. Our results for the mesial step are in agreement with the findings of Baume<sup>17</sup> and Ravn,<sup>18</sup> but in disagreement with the results of Johannsdottir et al.,<sup>19</sup> who found that 60% of their sample had mesial step occlusal relationships in primary dentition. Our results for the distal step are similar to the findings by Grabowski et al.,<sup>10</sup> who found 15.5% "distalization" in primary dentition.

The normal overjet is in agreement with the results by Berneburg et al.,<sup>14</sup> but the increased overjet

was assessed in 9.5% of this sample, which is lower than their findings. Our results for the decreased overjet are higher than other studies<sup>10,14</sup> but similar to the findings of Müssig.<sup>15</sup> An anterior cross-bite was observed in 6.4% of the sample, which resembles a study conducted by Kerouso<sup>20</sup> for the Finnish children.

The prevalence of a normal overbite is 30.1%. We also found 27.2% of an anterior edge-to-edge bite and, at the age of 5, it is a norm according to Hotz.<sup>21</sup> The findings are in agreement with the results by Nanda et al.,<sup>16</sup> Müssig<sup>15</sup> and Berneburg et al.<sup>14</sup> But on the other hand, the high frequency may be due to the self-correction of an anterior open bite after interrupting the action of external factors.<sup>22</sup> In this sample, a moderate anterior open bite (<3mm) and a severe anterior open bite (>3mm) were registered respectively in 6.8% and 0.4% of the children, which is in agreement with Berneburg et al.,<sup>14</sup> who found 4.6% prevalence of an anterior open bite. The prevalence of an anterior open bite in this sample is significantly less than the findings of Müssig<sup>15</sup> and Tschill et al.<sup>4</sup>

Our results showed prevalence of a deep bite and a deep bite with gingival contact, 27% and 8.5%, respectively, which is similar to the studies done by Müssig<sup>15</sup> and Grabowski et al.<sup>10</sup> In this sample, boys have more severe deep bites and there is also a statistically significant increase in prevalence of a deep bite with gingival contact with the increasing of the age, which concurs with other studies' results,<sup>10,22</sup> but it is in disagreement with the results of Berneburg et al.<sup>14</sup> A posterior cross-bite was seen in 4.7% and a posterior edge-to-edge bite in 1.9% of all the children in this study.

Other investigators report that a deciduous posterior cross bite ranges between 7-12%.<sup>8,10,18</sup> But our findings are similar to Hensel (12) and Stahl & Grabowski,<sup>6</sup> who report 5.1% and 4% respectively. Available literature suggests that the development of the occlusion and oral functions in primary dentition is a continuum for the further

morphological and functional development of the stomatognathic system.<sup>4,10</sup> The correct development of a stable, functional and aesthetically acceptable occlusion is an integral component of a comprehensive oral health care for all pediatric dental patients.<sup>23</sup> Further research is needed to establish the development of the dentition and malocclusions in the next stages of the dental development in this sample, and the relatively small sample size is a limitation of our study.

### 5. Conclusions

This cross sectional study provides present-day data about the prevalence of malocclusions in a sample of 471 Bulgarian children with primary dentition. Statistical differences in the type of dentition, a deep bite with gingival contact and a posterior edge-to-edge bite were found. Class II

canine occlusion, a distocclusion, a deep bite, no spacing and crowding and an increased overjet were the epidemiologically-relevant malocclusions in our study.

Due to the high prevalence of malocclusions in deciduous dentition, it is necessary for children to be regularly examined at an early age and the occlusal development should be individually assessed. Early attention may be given to malocclusions and their prevention, and especially to those caused by external etiologic factors like bad habits and incorrect oral functions.

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