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Dr. Gürel graduated from the University of Istanbul, Dental School (1981), went on to complete his education at the University of Kentucky, Department of Prosthodontics and received his MSc from Yeditepe University in Istanbul. He has had his private practice in Istanbul, specializing in Aesthetic Dentistry, since 1984.

Dr. Gürel is the founder and honorary president of EDAD (Turkish Academy of Aesthetic Dentistry).

He was the President of the European Academy of Esthetic Dentistry (EAED) (2011 & 2012). He received "The Smigel" award in October 2014, granted biennially by New York University College of Dentistry to honor the best esthetic dentists in the world for their social contribution. the improvement of esthetic dentistry ,their vision, determination and ability to present innovative ideas around dentistry globally and the education they provide to the dental health professionals about advanced esthetics, technology and new techniques in general dentistry. He is a member of various international associations, such as ASDA, AARD and an honorary diplomate of ABAD.

He is the editor-in-chief of the Quintessence Magazine in Turkey and a member of the editorial board of various journals (AACD, PPAD, EJED).

He has been lecturing on dental aesthetics around the world and giving post graduate lectures on aesthetics dentistry.

He is a visiting professor at the New York University (USA), Marseille Dental University (France) and Istanbul Yeditepe University (Turkey).

He authored "The Science and Art of Porcelain Laminate Veneers" published by Quintessence publications in 2003 and translated into 12 different languages.

Research interests: aesthetics dentistry.