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Dr. Sharonit Sahar-Helft is a senior physician in the Department of Endodontics, School of Graduate Dentistry, Rambam Health Care Campus (HCC), affiliated to The Ruth and Bruce Rappaport Faculty of Medicine, Technion - Israel Institute of Technology, Haifa, Israel.

She earned her DMD degree from Carol Davilla University, Bucharest, Romania, (1991). She then earned her Endodontic specialist degree, Hebrew University-Hadassah School of Dental Medicine, postgraduate program in Endodontics, Jerusalem, 2000. Then she became a senior lecturer, Department of Endodontics, The Hebrew University-Hadassah Faculty of Dental Medicine; until 2022 she ran the 5th and 6th clinical years dental students endodontic teaching. Moreover, until 2022 she managed laser education in the dental students' 6th (last) year and taught endodontic residents during their postgraduate training. In 2023 she joined the Department of Endodontics, School of Graduate Dentistry, Rambam HCC, Haifa.

Her scientific research and academic activity focuses on applying laser technology in various dentistry fields, mainly endodontics. She published numerous peer reviewed basic science and clinical papers on the topic, including book chapters.

She is a member of the Endodontic professional committee, the scientific council of the Israel Denrtal Assocition. She was appointed member of Founding International Society of Lasers in Dentistry (ISLD) (2018). Recently she has been re-elected as chairperson of the Israel Society of Lasers in Dentistry (ISLD).

She won the first prize for the best presentation at the World Federation of Lasers in Dentistry (WFLD), Istambul, Turkey (2009). She won the Award for Excellence of the International Association of Dental Research (IADR) European Research, Dubrovnik, Croatia (2014).

Research interests: Laser, Dentistry, Applying Laser Technology, Endodontics